

# Spa Chateau From the Garden

## **Chateau Spa Display**

*Fresh Healthy Array of Fruit, Berries, Yogurt  
House made Granola with Clove Honey | 17.00*

## **Large Caesar**

*Chopped Hearts of Romaine tossed with Caesar Dressing  
Shredded Parmesan Cheese | 8.00  
With 6oz Roasted Chicken Breast | 12.00  
With 5oz Roasted Salmon | 14.00*

## **Organic Greens**

*Mixed Greens Salad, Maytag Bleu Cheese, Candied Walnuts  
Red Wine Poached Pear, Balsamic Reduction | 8.00*

## **Grilled Chicken & Strawberry Insalata**

*Field Greens, Chambord Raspberry Vinaigrette, Fresh Strawberries  
Feta Cheese, Candied Walnuts | 12.00*

## **Teriyaki Salmon Salad**

*Napa Cabbage, Peppers, Onions, Sesame Soy Vinaigrette  
Fried Wontons | 14.00*

## **Miso Veggie Burger**

*7oz Veggie Burger made with Carrots, Celery, Onions, Mushrooms  
Zucchini, and Squash, Wild Rice, Almonds, Craisens, Soy Sauce and Miso Paste  
Served with Sun Dried Tomato Mayo and Sweet Potato Chips | 12.00*

## **Asian Chicken Wrap**

*Napa Cabbage, Peppers, Onions, Sesame Soy Vinaigrette  
Sweet Chili Sauce, Fresh Fruit Cup | 12.00*

## **Chateau Club Sandwich**

*Sliced Turkey, Roast Beef, Ham, Lettuce, Tomato  
Apple Wood Smoked Bacon | 12.00*

**A Delivery Fee of \$3.00 & 18% Gratuity will be added  
Minimum charge of \$8.00 required for In Spa Dining Services  
Due to health concerns and safety issues, alcoholic beverages  
Are not allowed and or served in any are of the Spa.  
Thank you for your cooperation in this matter**

**To place a Spa drink or food order  
Please dial room service at ext. 2071  
Also please have a credit card or room number available  
Upon delivery. To insure the order is delivered in a timely  
Fashion please indicate whether you are in the  
Women's Relaxation Lounge or the Men's Relaxation Lounge  
Thank You!**



# Spa Chateau Beverages



## Cold & Refreshing

Bottled Water | 2.25  
Vitamin Water or Juice | 2.50  
Soda | 2.65  
Raspberry or Regular Ice Tea | 2.65  
Ice Chai Tea | 3.25  
Ice Mocha | 5.00  
Ice Latte | 5.00

## Warm to the Touch

Hot Chocolate | 2.50  
Regular or Decaf Coffee | 2.50  
Espresso | 2.75  
Cappuccino | 3.75  
Latte | 3.75

## Hot Tea

**Tetley Tea** | 2.50  
*English Breakfast, Peppermint, Mint Green, Orange Peach, Lemon Chamomile*

## Smoothies

**Banana Blackberry** | 6.00  
*Banana, Blackberry, Non-Fat Yogurt, Skim Milk*  
**Mixed Fruit** | 6.00  
*Non-Fat Yogurt, Skim Milk, Mixed Fruit, Honey & Granola*  
**Chocolate & Banana** | 6.00  
*Chocolate Syrup, Banana, Skim Milk, Sugar Free Vanilla Ice Cream*  
**Wild Berry & Strawberry** | 6.00  
*Wild Berry Sherbet, Strawberry, Pineapple Juice, Non-Fat Yogurt*

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